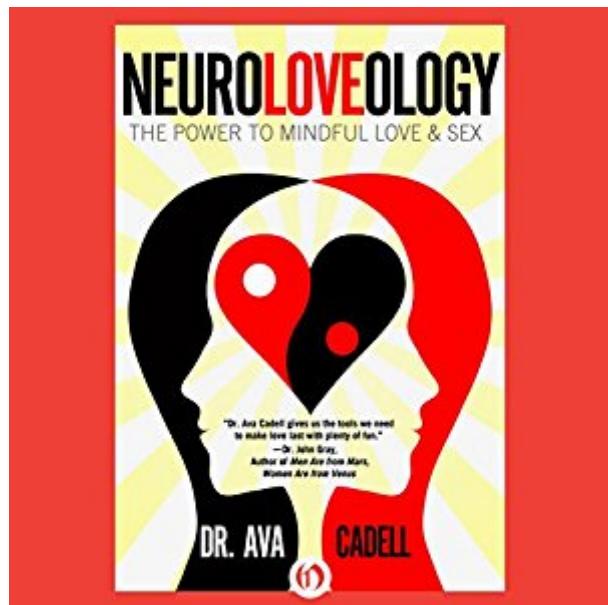


The book was found

Neuroloveology: The Power To Mindful Love & Sex



Synopsis

NeuroLoveology: The Power to Mindful Love & Sex explores how the brain processes attraction, relationships, conflict, and sex. Each chapter will introduce the science and psychology behind the various elements of an adult romantic relationship while also including the tools to enhance that relationship, emotionally and sexually. There have been huge advances in the studies of neuroscience, which have given us an even greater understanding of the complicated ways in which the brain receives, accepts, and transmits the millions of stimuli it encounters on a daily basis. One of the most fascinating aspects of these studies is the careful unraveling of the exact magic behind love and attraction. Listeners will discover new ways to make their environment more love friendly, so that the mind and body are ready, willing, and able to give and receive love. This experiential, playful, hands-on audiobook offers the tools to create a love-changing experience that will last a lifetime. Myriad romantic, sensual, and erotic to-dos are included throughout, each marked with a special icon. Additionally, there are words of wisdom by experts in the fields of neuroscience and the science of love and sex in a sidebar entitled "Genius Corner".

Book Information

Audible Audio Edition

Listening Length: 9 hoursÂ andÂ 31 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Audible Studios

Audible.com Release Date: January 7, 2015

Language: English

ASIN: B00RYB30IW

Best Sellers Rank: #91 inÂ Books > Audible Audiobooks > Health, Mind & Body > Sexuality

#1209 inÂ Books > Health, Fitness & Dieting > Sexual Health > General #2688 inÂ Books >

Self-Help > Sex

Customer Reviews

If you are wondering how the brain, mind and emotions play a role in maintaining a healthy relationship, this book will decipher all of the natural chemicals in the body that influence how we select and keep partners and the messages sent that will either attract a positive or negative person in oneâ™s life. The author has done an in-depth study on the subject and refers to various experts in this field. The book is not an immediate guide on how to enhance love, romance or sex but a well

thought out lesson plan that shows how it takes hard work to make a relationship work. Whether you are single, married or in a committed relationship, this book shows the various foods, external factors, activities and exercises that people can use, which can aid in attracting the right person, improve on an existing union or keep a good relationship going without end. You don't have to be searching for love or romance to read this book, which can be tailored to those seeking employment, working with co-workers, creating a business, seeking business partners, investors, or customers.

Dr. Cadell's outstanding book provides an excellent framework to enhance the intimacy of couples. Her insights into the strong connection between mind and emotions are very powerful and she gives practical suggestions on how to reignite passion in a great relationship. A good example is the importance of touching, kissing, and erotic talk to release oxytocin. Another example is the importance of incorporating all senses into lovemaking. The book provides checklists on various items of critical importance to intimacy as well as a discussion of new revelations as it relates to barriers in passion, which she refers to as "passion assassins". This book should be a required reading for all couples!

very interesting book on social sex with ideas to help you understand it better. Some very fine ones we saw here for the 1st time. Get it, read it, share it and ideas take with you as you look for dates can be used as opening line. Yes, in the book.

Neuroloveology has changed the way I think about my marriage. Dr. Cadell walks you through the workings of the brain, explaining all the chemicals and hormones that affect our bodies and our actions - so the book actually helps make sense of love! There are so many 'aha' moments you can't count them all. It's one for the bedside table!

Finally, 45-years after Dr. Ruben's book, Dr. Ava Cadell's new book "NeuroLOVEology" explains everything you always wanted to know about sex for today's lifestyles and for all ages. Learn how your head and heart work in every relationship. The book teaches us how we can make our brain smarter and our heart happier while improving our sex life and improving all of our relationships. Wouldn't we rather have meaningful relationships? We can stop repeating the same old things and get out of our ruts. We need to get smart and start enjoying LOVE now! Dr. Ava's book is a masterpiece and is destined to become the "bible" on love and relationships for years to come. It's

refreshing and comforting to learn from a book on this subject authored by a woman. I checked out Dr.Ava's bio. WOW! She knows what she is talking about and has the education to back it up. This is why I bought this book.

4.5/5Unfortunately non- fiction usually takes me a long time to get through, fortunately this book was worth the effort. NeuroLoveology covers a wide array of subjects related to love and relationships and despite the title, is rarely cheesy. Everything is written clearly but packed with knowledge.I appreciated all of the resources that the author used in the book as well. I thought that this book had great relationship advice in it and i thought it was interesting how the author didn't only focus on a couple • love but self love as well.Overall I would recommend this, its a great book filled with practical and thoughtful advice to make your life more enriching and most importantly love filled. Note: I received this book for free in exchange for an honest review.

Dr. Ava is the queen of writing books that help both committed couples as well as individuals in their romantic lives. However, this is her best book yet!!! It's full of current scientific research, followed by great explanations, and deciphers love and intimacy. It's a must read for all couples who want to strengthen their relationship or someone who is single and preparing themselves to find "the one."

Simpley Brilliant!

Dr. Ava is the Dr. Ruth for our generation. She says the most erotic part of your body, is your brain, and she provides the tools.Her suggestions and advice and exercises, are beneficial to enhance any relationship, even with yourself.The intimate advice and her personal experiences in her long term marriage, offer inspiration to all.I highly recommend this pleasant and well done book. It is an excellent experience.

[Download to continue reading...](#)

Neuroloveology: The Power to Mindful Love & Sex Sex Pictures: Sex Positions: How to Improve Your Sex Life with Creative Sex Positions and Techniques! (Sex Positions, Sex Pictures, Sex, Kama Sutra) Erotic Adult Sex Picture Book 5 (Uncensored Hot Sex Pics of Sexy & Horny Girls, 300+ College Sex Photos): full nudity adult sex. Sweet Tits.: Photography ... of Full Nudity Adult Sex Pics Series) Uncensored Sex Pictures: Sex Photos of College Girls & College Sex Pictures (Full nudity sex entertainment pictures book for adults only 2) The Five Keys to Mindful Communication: Using Deep Listening and Mindful Speech to Strengthen Relationships, Heal Conflicts, and Accomplish Your Goals Savor: Mindful Eating, Mindful Life Beginning Power BI with Excel 2013:

Self-Service Business Intelligence Using Power Pivot, Power View, Power Query, and Power Map
Power Pivot and Power BI: The Excel User's Guide to DAX, Power Query, Power BI & Power Pivot in Excel 2010-2016
Big Boobs Sex! Adult Sex Pictures (Photo Book 2 of 250 hot erotic nude pics = UNCENSORED full nudity) of a hot naked MILF woman with big tits and sexy ... Collection Album Series of Sex Pics) Full Nudity Uncensored Sex Pictures of Horny Girls with small tits & hot pussy.
Full nudity private striptease pics: Uncensored adult sex photo book of ... models). (Jubilee Sex Pictures Books 2) Big Boobs Sex! Adult Sex Pictures (photo book 2 of 50 hot erotic nude pics = UNCENSORED full nudity) of a hot naked woman with big tits and sexy butts: ... album series with Beautiful Sex Pictures) Big Boobs Sex! Adult Sex Pictures (Photo Book 7 of 300+ hot erotic nude pics = UNCENSORED full nudity) of hot naked MILF women with big tits and sexy ass: ... Collection Album Series of Sex Pics) Big Boobs Sex! Adult Sex Pictures (photo book 1 of 50 hot erotic nude pics = UNCENSORED full nudity) of a hot naked woman with big tits and sexy butts: ... album series with Beautiful Sex Pictures) Uncensored Adult Sex Pictures (300 pics, Photo Book 2) of Hot Sexy Girls, Nude & Horny, College Sex Pick-ups: full nudity! Big Boobs!: Photography of Amateur ... Adult Sex Pictures Collection Series) Uncensored Adult Sex Pictures - Photo Book 3 - Hot Erotic Photography of Sexy Girls and Women with not so Big Boobs: Adult Sex Pictures Vol. 3 (Wayne's ... Collection Album Series of Sex Pics) Big Boobs Sex! Adult Sex Pictures (Photo Book 9 of 600 hot erotic nude pics = UNCENSORED full nudity) of hot naked MILF women with big tits and sexy ass: ... Collection Album Series of Sex Pics) Uncensored Adult Sex Pictures (300 pics, Photo Book 6) of Hot Sexy Girls, Nude & Horny, College Sex Pick-ups: full nudity! Sweet Tits!: Photography of ... Adult Sex Pictures Collection Series) Uncensored Adult Sex Pictures (300 pics, Photo Book 1) of Hot Sexy Girls, Nude & Horny, College Sex Pick-ups: full nudity! Big Boobs!: Photography of Amateur ... Adult Sex Pictures Collection Series) Uncensored Adult Sex Pictures (300 pics, Photo Book 3) of Hot Sexy Girls, Nude & Horny, College Sex Pick-ups: full nudity! Small Tits!: Photography of ... Adult Sex Pictures Collection Series) How to Talk Dirty : Dirty Talk Examples, Secrets for Women and Men, Straight, Gay and Bi, Spice Up Your Sex Life and Have Mindblowing Sex: Great Sex Book, Series 1

[Dmca](#)